



Topic: All About Me

Year: 1

Term: 1

Background Information

The children will have completed activities in Reception relating to themselves and their families.

They may be aware of some parts of their bodies and which parts are linked to the senses.

The children may be aware that we live and go to school in Long Sutton.

Interesting facts

- We have five senses (sight, hearing, smell, taste and touch), which help us to understand what is happening around us.
- We use our eyes to see, ears to hear, nose to smell, mouth to taste and hands to touch.
- Not everyone is able to use all five of their senses. If someone cannot see, they are blind, If someone cannot hear, they are deaf.
- You need to eat healthy foods, drink plenty of water, do lots of exercise and get enough sleep to keep healthy. It is important to keep yourself clean too. Staying healthy will help you feel happier and stronger.
- You should eat five pieces of fruit and vegetables a day to be healthy.
- We are born as babies, grow to a toddler, a child, teenager then an adult. We learn to do more things as we grow up through each stage.
- Our school is on Dick Turpin Way in Long Sutton.
- Long Sutton is a town and there are villages close to Long Sutton. You may live in Long Sutton or one of the surrounding villages.
- We are currently in the season of Autumn.
- In Autumn, it is usually colder than summer with a mixture of weather: sunshine, wind and rain. The sun sets earlier which means the days get shorter and the nights get longer.

Key Vocabulary

Definition

Senses	The senses are touch, smell, hearing, taste and sight.
Body	The physical whole of a person.
Human	A man, woman, child or person.
Artist	A person who creates paintings or drawings.
Self-Portrait	A painting or drawing that the artist makes of themselves.
Diet	The kinds of foods that a person eats.
Season	There are four seasons during the year with different types of weather and daylight hours.
Town	An area bigger than a village but smaller than a city where there are many streets and buildings.

Diagrams / Timelines / Photos



Know how to / Activity

- Create a booklet telling your teacher about all your favourite things, such as your favourite colour, book, animal, movie, snack, etc.
- Taste different foods (sweet, salty, bitter and sour).
- Create a self portrait with recycled materials or play dough.